



## **Because YOU Matter!**

### **Trumbull County Wellness Committee Meeting Summary Thursday, July 8, 2021**

The Trumbull County Wellness Committee met on Thursday, July 8, 2021, at the Conference Room at the Stone Building. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson  
Mitzi Sabella, Planning Commission  
Marg Seyer, JFS  
Steve Charles, Human Resources  
Dee Daniels, Sanitary Engineer's Office  
Barb Vingle, Clerk of Courts

Chairperson, Jenna Amerine called the meeting to order at 3:00 p.m.

#### **I. Old Business**

Jenna Amerine spoke about the following:

- Promoting Real Appeal – host incentive drawing for those still engaged in real appeals from beginning of January – still awaiting the list to have drawing.
- Host incentive drawing for those who completed at least 1 mission by end of June for \$25.
- Do a virtual 5K in July - \$15 gift cards to everyone who completed the 5K; gift cards for everyone who completed 5K; and top 5 runners, walkers or bicyclists get \$25 gift cards.
- In August promote Immunization Awareness and getting children vaccinated and the Delta variant.
- Have a Fun & Wellness Day and offer Yoga for 2 hours during lunch on August 19<sup>th</sup> with a rain day of August 26. We still need a Yoga instructor.

#### **New Business**

- Jenna will work with Lisa Hovance on web site
- Barb Vingle showed an example of a newsletter; maybe to use on the website.
- Discussed incentive ideas with county wellness logo: water bottles and cozies.
- Jenna will check on having a blood drive.

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**II. Adjournment**

Next meeting will be on Thursday, August 12, 2021, at 3:00 p.m

There being no further business, the meeting was adjourned at 3:37 p.m.

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